

# Emergency Women's Shelter (Sunday nights)

**3250 Kerner Blvd. at Bellam. San Rafael.** (Driving directions at the end of this memo.)

Indicate type of food you will provide: **Main Dish, Side Dish, Salad, Fruit, Other**

The best rule of thumb for dish size is **enough for about 12 people**. You will find appropriate size aluminum pans in the UUCM foyer. You may use your own serving dishes, but you must take them (and any crock pots, electric skillets, etc.) home with you from the shelter on the night they are used. The facility has no place for leftover utensils or food.

If you do not plan to go to the shelter site (@ 5:15) you may bring your offering (if it doesn't require an oven) to UUCM on Sunday morning at 10:30.

Dinner is served at 6. We should be cleaned up and out of the building by 8.  
Contact: Joan Nelson- figleafjoan@comcast.net or 415-453-6221

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**From the South:** From Highway 101N, take the (San Rafael) I-580 / Richmond Bridge / Francisco Blvd exit. Turn left onto Bellam at the light, staying in the right-most left turn lane. Travel under the freeway and follow directions from Bellam Blvd. below.

**From the North:** From Highway 101S, take the I-580 exit toward Richmond Bridge / Francisco Blvd exit. Take the first exit to Bellam Blvd / Francisco Blvd. Move to the right-most left turn lane and turn left onto Bellam Blvd. Travel under the freeway and follow directions from Bellam Blvd below.

**From the East:** Continue on I-580 West from the Richmond Bridge. Take the exit toward Francisco Blvd / US-101. Turn right onto Bellam Blvd and follow directions from Bellam Blvd.

**From Bellam Blvd:** After traveling under the freeway, make an immediate right onto Francisco Blvd E / The Loop. Turn left onto Irene St / The Loop. Turn left onto Kerner Blvd. Proceed .3 mi. to the Campus on your right. Enter the driveway at the sign that reads "Marin Health and Wellness Campus". The Connection Center is in building 3240 immediately in front of you